

Fabric: Dye-Na-Flow Resist Technique by Kim Fjordbotten



Materials

Jacquard **Dye-Na-Flow** fabric paint in your choice of colours – available in assorted sets and class packs. Single colours are available in 2 oz and 8 oz sizes.

Any lightweight fabric: **Dye-Na-Flow** works on both natural and synthetic fibers.

Pencil OR auto-fade pen

Soft synthetic paint brush

Jacquard **Water-based Resist**, clear OR Pebeo **Gutta**

OR Jacquard **Metallic Outliner**

Squeezable container/appliator for resist (squirt bottle)

Iron for heat setting fabric paint

Synthrapol for washing fabric



Goal

This is a great school project for Mother's Day scarves or classroom banners. It is also a consistent collectible at artisan markets. Painting with **Dye Na Flow** is fun for accidental colour theory. For best results and to prevent muddy colour mixes have students select only warm or cool colours. The above example shows *analogous colours*, which are three or four colours adjacent to each other on the colour wheel. Examples: yellow, orange, red or yellow green, blue.

Preparation

Prewash fabric to remove dirt, starch and sizing.

Basic Technique

1. Simply apply **Dye Na Flow** to prewashed fabric with a brush, squirt bottle, sponge, or airbrush. Let dry. Iron fabric for 3 minutes on dry setting appropriate or fabric. Wash in cool water with **Synthrapol** and rinse.



This example is done with **Pebeo Settasilk** silk paint, also available at The Paint Spot

Resist Technique

In the resist technique, lines are drawn on the fabric with Jacquard **Water-based Resist** or Pebeo **Gutta** and the **Dye-Na-Flow** is applied within these lines. The fabric paint will flow and spread on the fabric until it reaches the resist lines. The resist acts as a boundary between colours much like lead in a stained glass window. These islands of colour can be blended, highlighted or accented with other colours.

1. Draw your design with an auto-fade pen onto the fabric, OR place an easy-to-see (e.g., marker) drawing behind your fabric and trace it with a pencil.
2. Pour the **Water-based resist** or **Gutta** into a plastic applicator bottle with a metal tip.
3. Hold the resist bottle like a pencil. Gently squeeze the bottle until the resist begins to flow. It is a good idea to practice on a separate piece of fabric until you get the feeling of drawing smooth, flowing, continuous lines.
4. Begin drawing your pattern. Move steadily, but not so quickly that you leave gaps in your lines. All lines must be connected or the paint will bleed through the gaps in the resist line.
5. Once you've completed the design, carefully examine the lines, making sure the resist has penetrated through to the back. Fill in any gaps. Let the resist dry completely. Use a hair dryer to speed drying time.

6. Mix and apply the paint. Although Jacquard **Dye-Na-Flow** is available in 30 colours, you can also mix your colours. Using the colours full strength will yield the brightest shades. For less vibrant colours or for watercolour washes, the dyes can be mixed with up to 25% water.

7. Dip your brush gently into a colour. Touch the brush to the fabric about 1/2" from the resist line. The dye will migrate the rest of the way. Paint all areas inside the resist lines. For large areas, work quickly painting the colour from corner to corner. Always work wet to wet. Never go over a dry area. After you have finished your piece, let dry completely. Heat set according to instructions.



Two Types of Resists are Available



Pebeo Gutta comes in an easy-to-use applicator. The resist stays on the fabric and will not wash out. It will leave a slight raised texture on the material.



Jacquard Water Based Resist can be put in a squeeze applicator or plastic syringe. It will provide a barrier but will wash out of the fabric leaving only a white outline and no texture. This is the best resist for wearable scarves.

Gallery of Ideas for the Water Based Resist Techniques



Colour may migrate where least expected.

Paint carefully within the lines.

Be sure your lines are solid with no breaks.

Suspend your fabric above the table surface.

“Enjoy the effects and colour mixing that happens when colours kiss”

- Kim Fjordbotten



Salt Technique

A beautiful starburst affect can be achieved by sprinkling salt over the fabric while the **Dye-Na-Flow** is still wet.

1. Paint, squirt or sponge the **Dye-Na-Flow** on the fabric in an all-over pattern.
2. Sprinkle the salt onto the fabric. The salt should be applied immediately while the fabric is still very wet. The salt crystals will begin to soak up the dye as it dries.
4. Let the salt sit on the fabric until the paints are dry.
5. Brush the salt off the fabric.
6. Heat set the fabric according to the instructions.

