

# Paper: Simple Handmade Books

by Kim Fjordbotten

## Materials

- One sheet decorative [Saa Paper](#).  
A 22"x30" sheet will yield 4 book covers.
- Two sheets of [Greys Paper](#) 20"x30" per student
- Scissors or cutting mat and Xacto knife
- Awl or hammer and nail
- Needle and strong thread

## Goal

Students will learn how paper is made and recycled. In this bookbinding project, students will create their own small sketchbook. Saa paper is used for the durable cover and Greys paper is used for the pages of the book. The finished book will have 32 pages for drawing, sketching and collage.



## Preparation

Visit the website for Greys Paper manufacturing to see how the recycled paper is made in Edmonton. [Watch Video](#)  
See how Saa paper is made in Thailand [Watch Video](#)

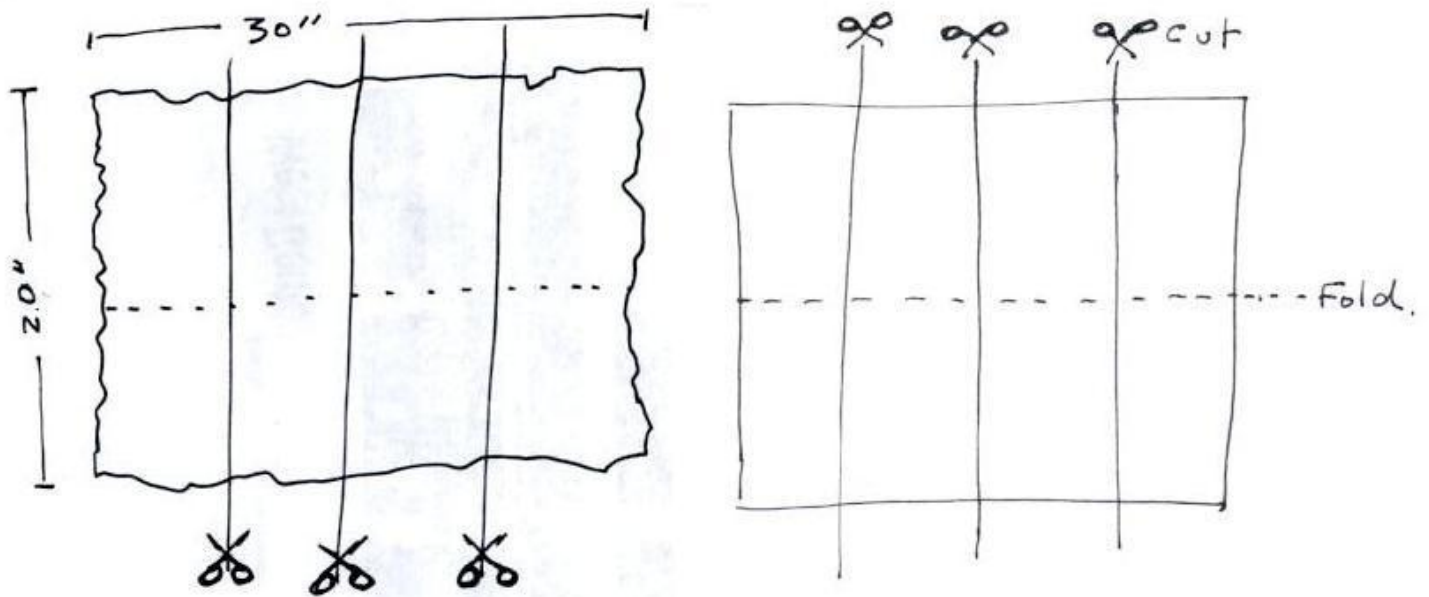
## Procedure

1. Refer to the little sketches on the next page.
2. Cut Greys paper into 20"x 7.5". One quick way to do this without measuring is simply to fold the page in half and in half again and cut along the folds. A knife and straight edge produce the best results but scissors will also work.
3. Cut Saa paper in to 20"x 7.5". Same steps as above. The natural deckle may vary sheet by sheet and generally the Saa paper is a little bigger than the Greys's Paper. It is ideal to have the book cover a few millimeters larger than the pages of the book.
4. Fold all the pages in half to create a book approximately 7.5" x 10". Stack the 8 pages of Greys paper into each other to create the pages of the book. The ends may be trimmed to a consistent edge if the student wishes or left uneven to give a little character.
5. Open all the pages flat again and line up the folded creases.
6. Using an awl (or hammer and nail) punch 6-10 holes into the spine of the book. Push through all pages and the cover. Using a needle and strong thread stitch the pages together and to the cover using a loop-over stitch.

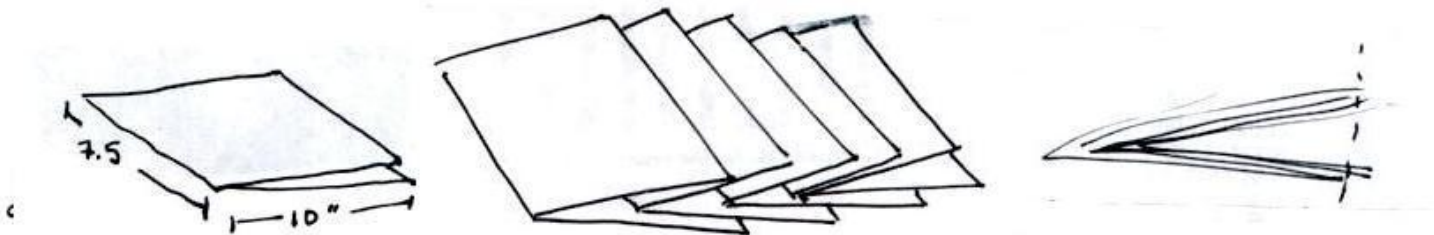
**See page 3 for books made from one sheet of paper. No stitching required.**

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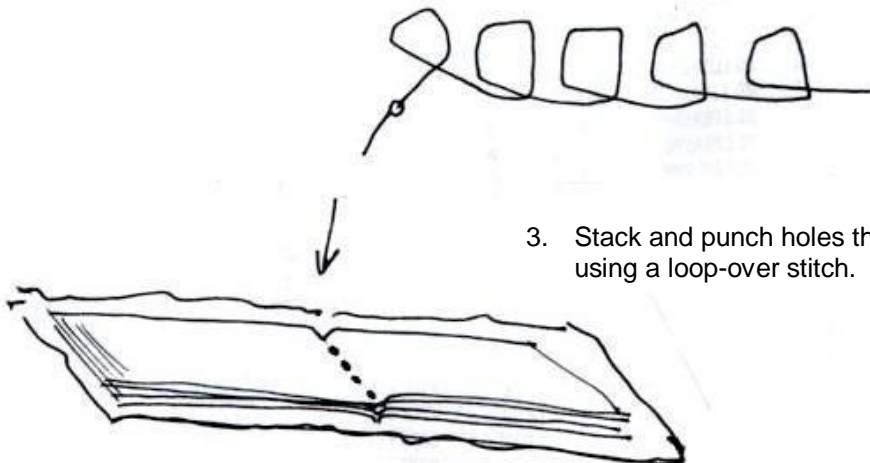
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1. Cut both papers



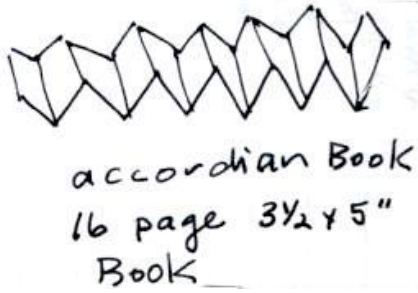
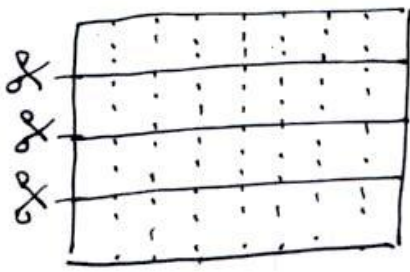
2. Fold to create a long album shape and insert pages to create a book 10" long and 7.5" High. Trim ends if desired.



3. Stack and punch holes through pages and cover. Stitch using a loop-over stitch.

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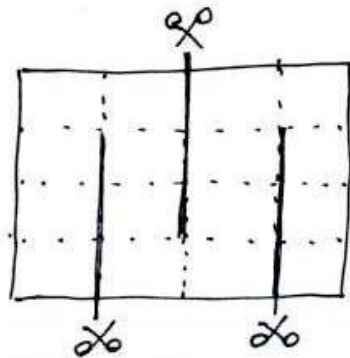
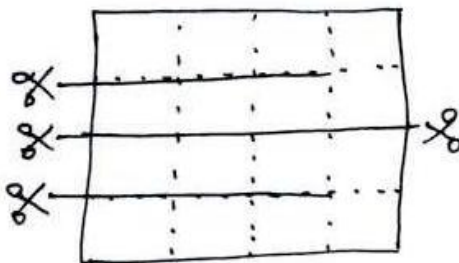
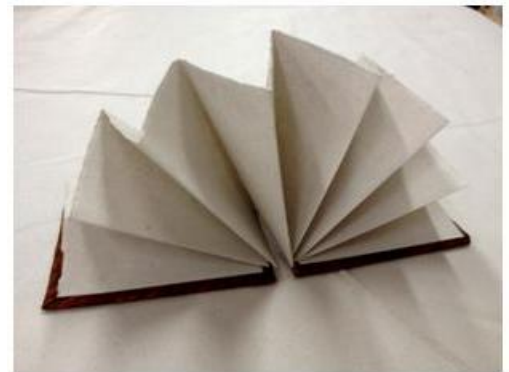


## Accordion Book

Cut the paper to create 4 pages 5"x30".

Fold like an accordion or fan

Two different styles of books may be created from these simple folds.



## Flutter Book

Fold any size sheet into 16 equal parts.

Cut along the fold in as illustrated.

Fold the book any way you like to create a go-anywhere sketchbook for your pocket.

